



HELP ME GROW – LOS ANGELES: OVERVIEW AND IMPLEMENTATION

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- 1) First 5 LA
- 2) Help Me Grow (HMG) Model
- 3) Help Me Grow – Los Angeles (HMG-LA)
- 4). Implementation and Next Steps



Families Outcome Area



We will work with parents/caregivers so that they have the skills, knowledge and resources they need to support their child's development.

Communities Outcome Area



We will support a community's ability to foster safe, healthy and engaged neighborhoods that help children and their families thrive.

Early Care and Education Systems Outcome Area



We will increase access to affordable, quality early care and education.

Health-Related Systems Outcome Area



We will help improve how health-related systems coordinate and deliver care to young children and their families in L.A. County.

- **Strategy 1 (EI):** Advocate for policy and practice changes to support efforts to improve coordination and functioning of developmental screening, assessment and early intervention programs.
- **Strategy 2 (TI-C):** Identify and promote best practices around trauma-informed care that improve the service delivery system for children prenatal to age 5 and their families.

American Academy of Pediatrics Recommends:



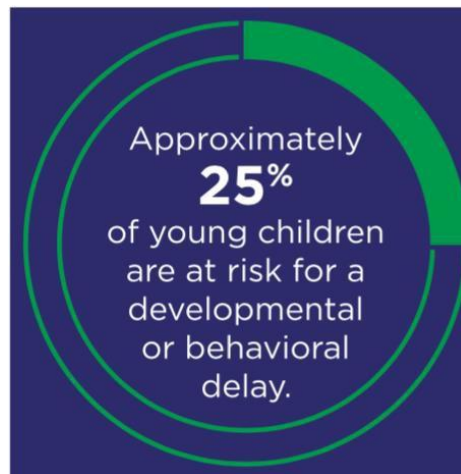
Developmental surveillance
at every well-child visit



Screening with a validated
screening tool at
9, 18, and 24-30 months

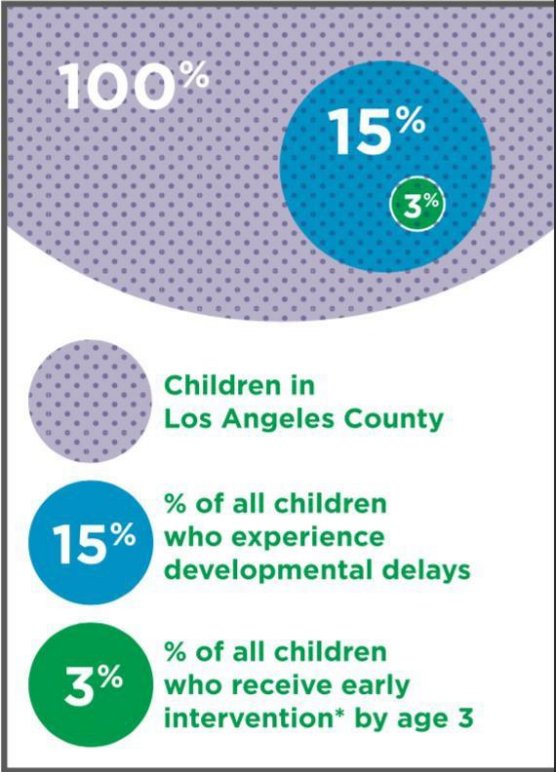


Screening with a validated
autism-specific screening tool
at 18 and 24 months



**About 1 in 5
children**
receive timely
developmental-
behavioral
screenings.





Toddlers ineligible for early intervention* can still benefit from other supports.

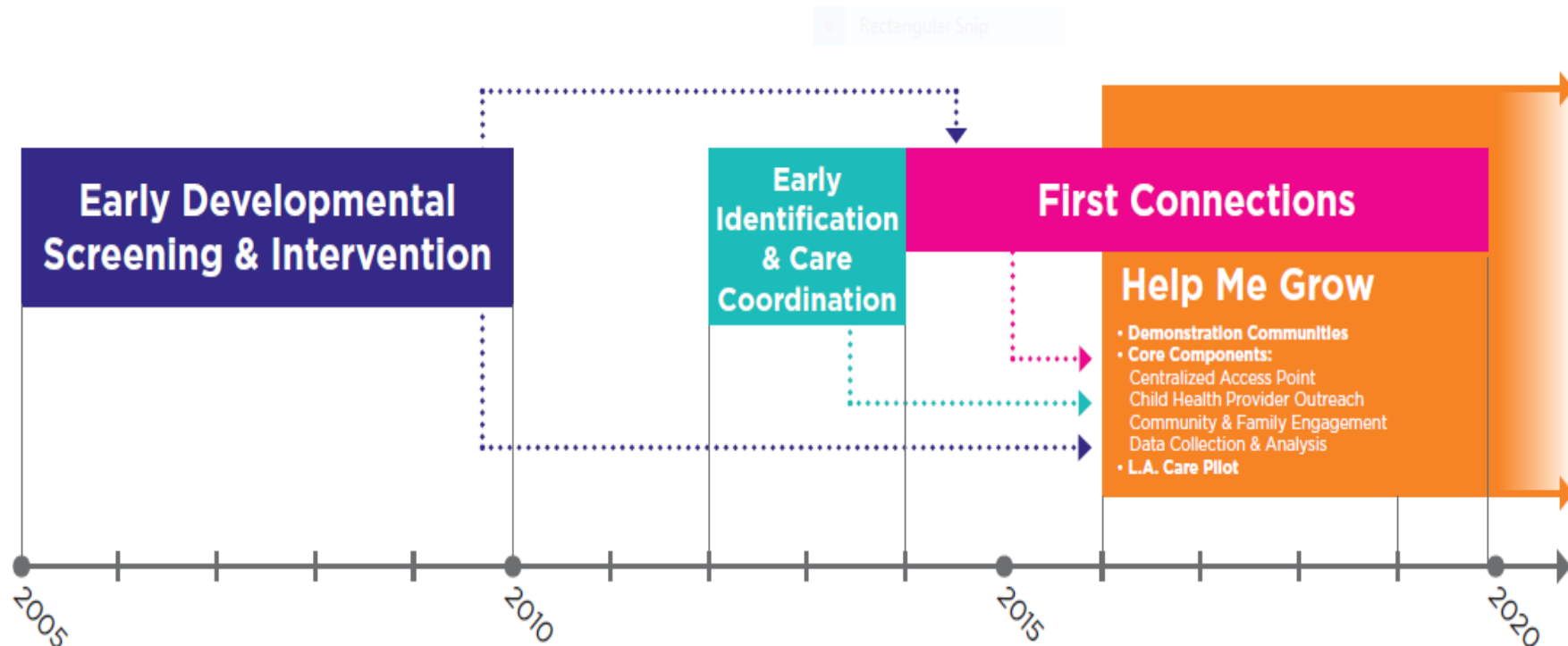
One-quarter of 2 year olds ineligible for early intervention* are not school ready.

The illustration shows three stylized human figures in white against a dark blue background. There are two adult figures standing side-by-side, and a smaller child figure standing in front of them between the two adults.

*Early Intervention = IDEA Part C

When linked to prevention and early intervention services before kindergarten, children are more likely to succeed in school and in life

The illustration shows a stylized white figure of a child running towards the right. The child is wearing a white shirt and pants. Above the child's head is a white graduation cap with a tassel. The child's right arm is raised, and the graduation cap is positioned as if it is being thrown or held up.

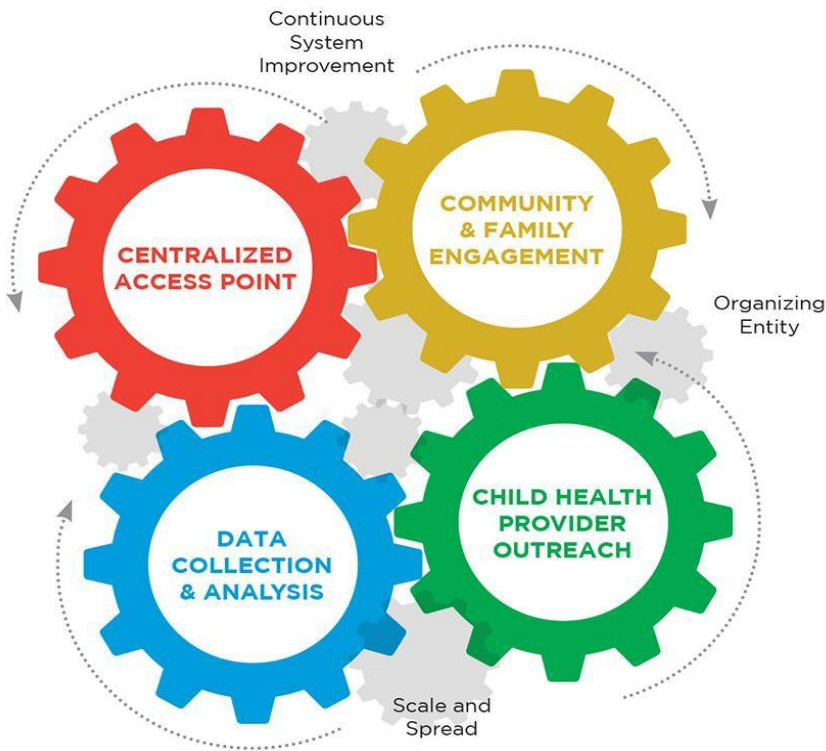


Overview:

- January 2014—June 30, 2020 (*extended in November 2017)
- 6 Grantees (3 Federally Qualified Health Clinics, 2 Community Based Organizations, and 1 Family Resource Center/Regional Center)
- 1 Technical Assistance Provider (Children's Hospital Los Angeles)

Objectives:

- Piloted innovative and unique approaches to strengthen early identification and intervention within their agency



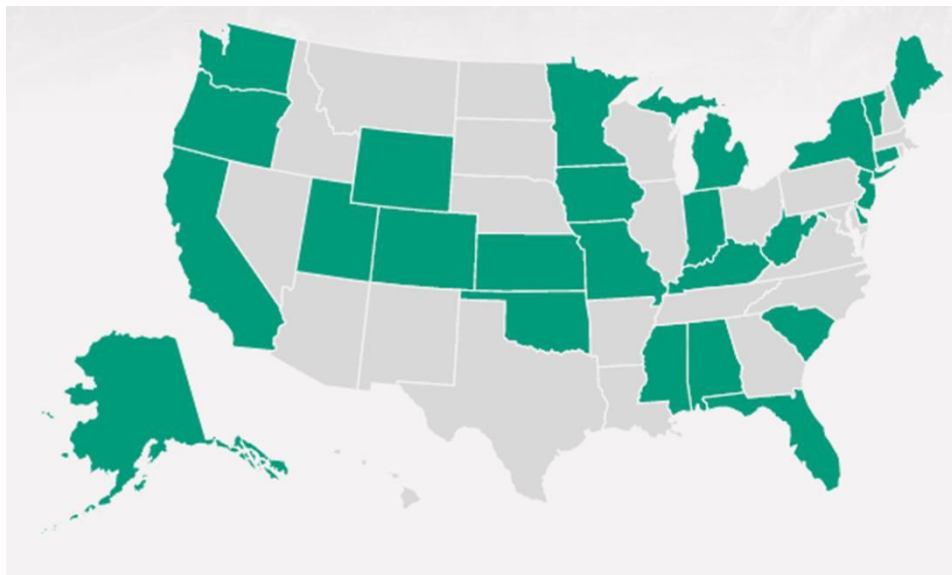
- A system that **promotes early identification** and **connects young children** at risk for and with developmental-behavioral delays to intervention services

- HMG is not a program
- Promotes local cross-sector collaboration
- Seeks to coordinate existing resources and systems

HMG is Nationwide Model

11

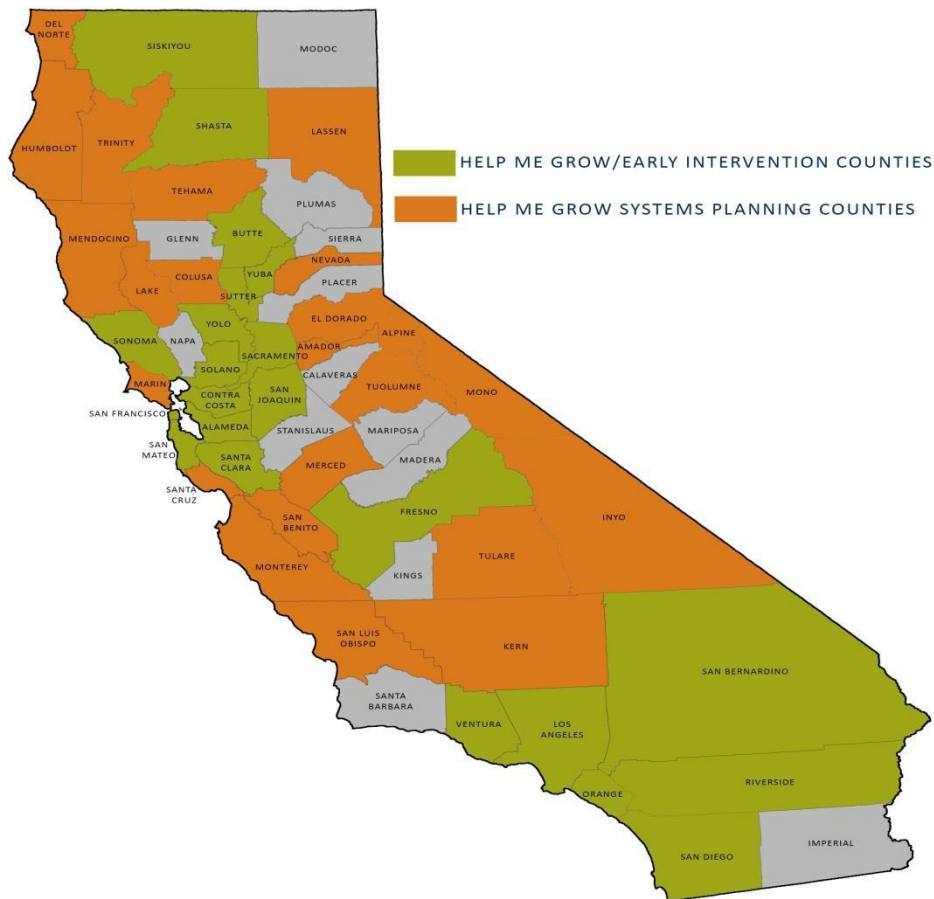
- Alabama
- Alaska
- California
- Colorado
- Connecticut
- Delaware
- District of Columbia
- Florida
- Indiana
- Iowa
- Kansas
- Kentucky
- Maine
- Michigan
- Minnesota
- Mississippi
- Missouri
- New Jersey
- New York
- Oklahoma
- Oregon
- South Carolina
- Utah
- Vermont
- Washington
- West Virginia
- Wyoming



33 National HMG Affiliates

California Counties are Adopting HMG

12



Affiliates
Alameda
Butte
Contra Costa
Fresno
Los Angeles
Orange
Riverside
Sacramento
San Bernardino
San Francisco
San Joaquin
San Mateo
Santa Clara
Shasta
Siskiyou
Solano
Sonoma
Sutter
Ventura
Yolo
Yuba



Fall 2016-
Fall 2017

Oct. & Nov.
2017

Jan. 2018 –
Dec. 2018

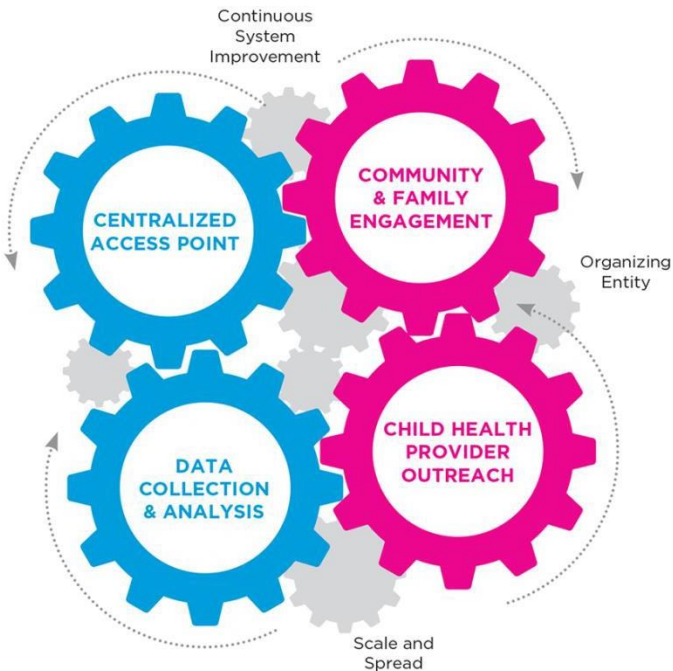
Jan. 2019 –
Dec. 2019

- Early HMG-LA Design & Planning
- 120+ participants
- Outcome: Recommendation Report

- F5LA Board of Commissions
- Share HMG-LA Recommendations
- Establish Strategic Partnership with LACDPH
- Extend First Connections Investment until June 2020

- HMG-LA Implementation Planning
- April/May 2018: Seeking approval of SP with LACDPH
- July 2018: Start Date for LACDPH
- Ongoing analysis and exploration
- Ongoing stakeholder engagement

- HMG-LA Implementation Planning Continued
- Launch HMG-LA Advisory Committees
- Develop Business Plan for Implementation
- Develop Plan for Centralized Access Point



LACDPH:

- Centralized Access Point
- Data Collection & Analysis

First 5 LA:

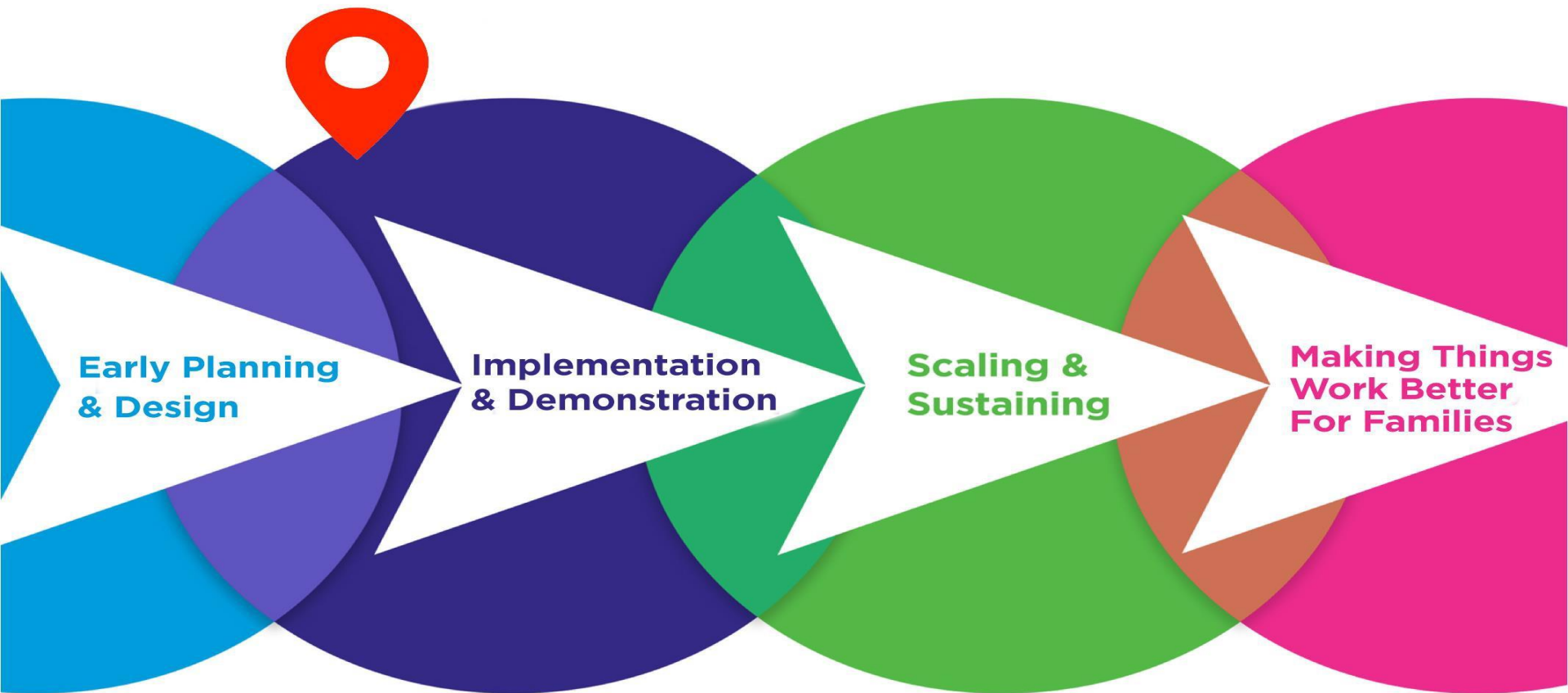
- Community & Family Engagement
- Child Health Provider Outreach

ROLE:

- Fiscal and administrative oversight for long term sustainability
- Facilitates cross-sector coordination to strengthen and expand the EII system throughout the County

PROPOSED ACTIVITIES FY18/19:

- Launch Leadership Advisory Committee, Family Advisory Committee, and Data Collection & Analysis Committees
- Develop Business Plan to inform implementation
- Develop Plan for the Centralized Access Point





Findings from the Field

Phone-Based Interviews with Home Visitation Supervisors (PAT & HFA)

Findings:

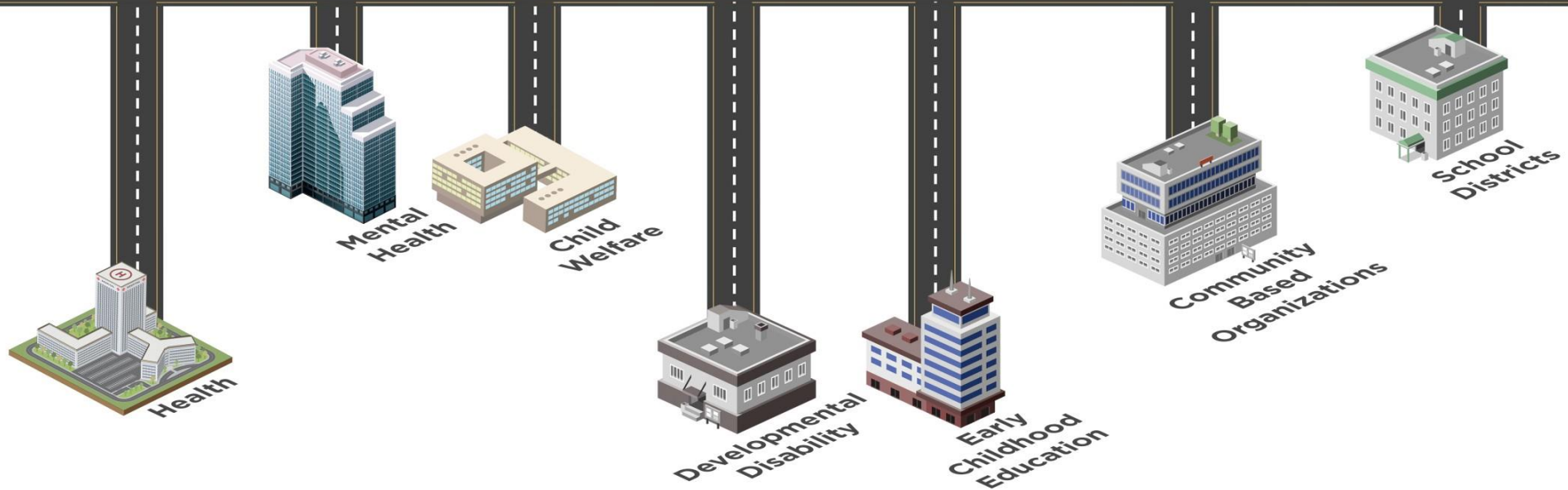
- *Screening Barriers:*
 - Parental hesitation and stigma/fear of labeling
 - Time/competing visit priorities
- *Referral Barriers:*
 - Parent hesitation/acceptance of delay
 - Challenges navigating systems and services (i.e., regional center and school district)
 - Need for transportation and other more urgent family needs (i.e., housing, substance use)
- *Desired Supports:*
 - Support with having sensitive conversations with families about developmental health, training on regional center and school district eligibility and referral processes, knowledge of resources available to support a warm hand off

HMG-LA Demonstration Communities



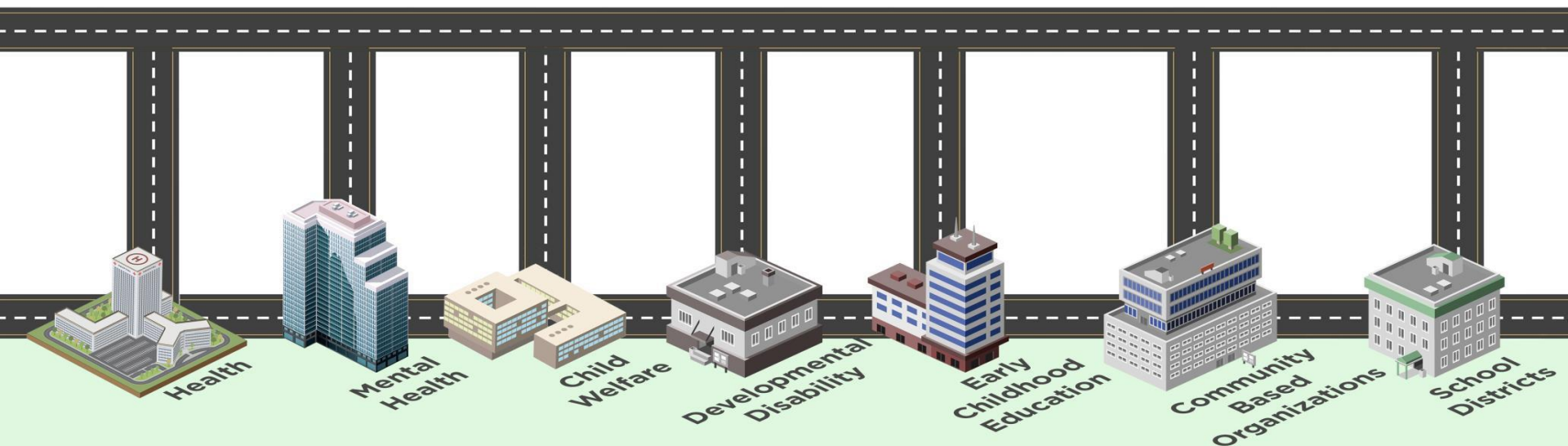
HMG-LA Demonstration Communities

Early Identification and Intervention (EII) Continuum



HMG-LA Demonstration Communities

Early Identification and Intervention (EII) Continuum



**Help Me Grow - LA
Demonstration Communities**

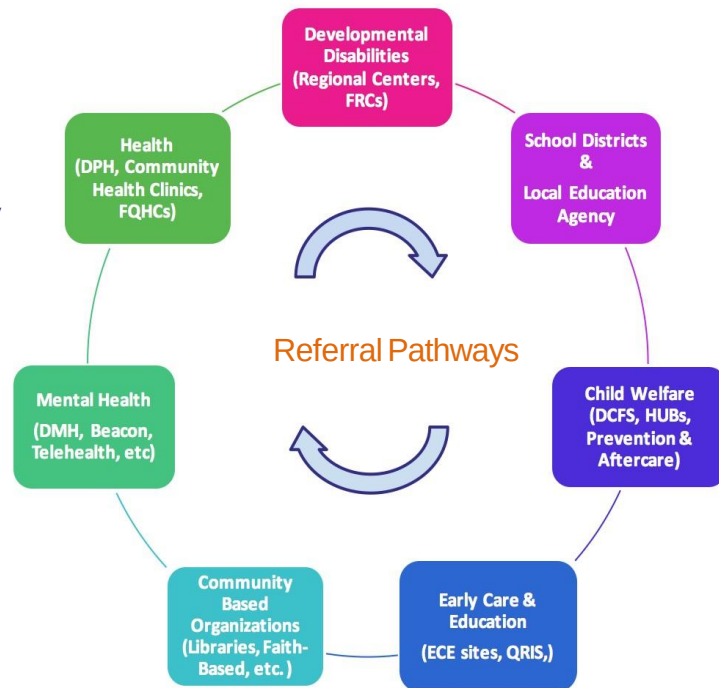
HMG-LA Community & Family Engagement: Demonstration Communities

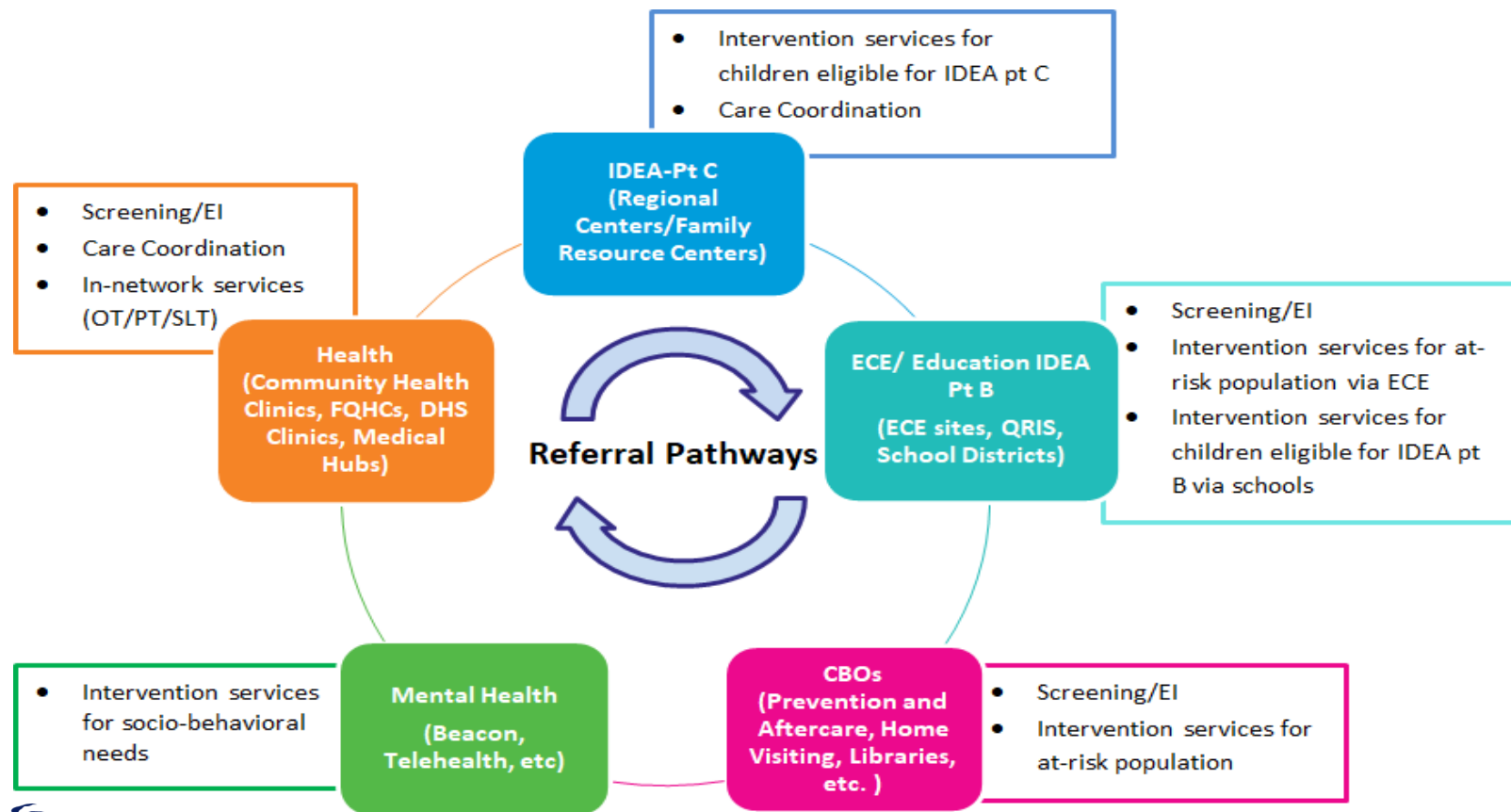
CONCEPT

- **Goal:** Strengthen & expand referral pathways between primary sectors through technology, infrastructure and practice change
- **Reach:** 7 cross-sector collaboratives across L.A. County
- **Opportunity:** Pilot and integrate core component strategies and activities (CAP, DCA, CFE, and CHPO)

NEXT STEPS

- Summer 2019: Release RFP
- Anticipated Launch: Spring 2020





- How can HMG-LA engage existing partnerships to co-develop tools and resources to strengthen competencies in this area (i.e. developmental screening, referrals, conversations with families about developmental health)?
- Community partners will play a valuable role in the HMG-LA Demonstration collaboratives. How can we incentivize community partners to participate?

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